

# Breakfast Menu

*Full Irish Breakfast €17.00*

**Served 7am - 11am**

---

## *Continental Selection*

### **Cereals**

Cornflakes, Rice Krispies, Muesli, All-Bran, Weetabix, Bran Flakes, Coco Pops,  
*(Gluten-free cereals available)*

### **Fresh Fruit**

Selection of Yoghurts, Granola, Fruit Salad, Pineapple cup, Watermelon cup, Selection of whole fruits,  
*(Dairy-free yogurts and gluten free granola available)*

### **Selection of Cold Meats and Cheese**

Chorizo,  
Salami,  
Parma Ham,  
PortSalu,  
Smoked Applewood,  
Carrigaline Farmhouse Cheese  
*(Dairy-free cheese available)*

---

## *Something to Drink*

### **Fruit Juices**

Chilled Orange, Cranberry, Apple, Homemade Juice of the Day

### **Milk Full Fat & Low Fat**

*(Dairy free milk alternatives available)*

### **Freshly Brewed Coffee and Tea**

Espresso, Americano, Cappuccino, Latte, Mocha, Chocomilk, Irish Breakfast Tea and Herbal Teas

---

## *Hot Breakfast*

Bacon

Pork Sausage *(Vegan and gluten free sausage available)*

Black and White Pudding

Hash Browns

Fried Mushrooms

Roasted Tomatoes

Baked Beans

### **Fresh Egg Selection**

Boiled

Poached

Scrambled

Fried

Vegetarian Omlette

### **Irish Oats Porridge**

*(Made with low-fat milk)*

---

## *Freshly Baked Goods*

Pastries

Whole Grain and Buttery Croissants

Chocolate and Blueberry Muffins

Sourdough Bread

Brown Soda Bread

Six Grain Bread

*(Dairy-free yogurts and gluten free granola available)*

---

*Vegan, Vegetarian, and Gluten-free breakfast options available - Please ask your server.*